CAMP RULES

- **1. Personal Responsibility-** Respect others and the camp. Any actions that may cause injury, damage, or harm to yourself, another person or the facility should be avoided.
- **2. Safety-** Camp Sponsors are given guidelines and emergency procedures. Follow all facility and safety instructions given by Sponsors for your own personal wellbeing.
- **3. Medical Protocol-** All personal medical prescriptions and over the counter medications must be given to the Alto Frio Nurse at registration. The Alto Frio Nurse has oversight of all first aid and medical situations. Each camper must provide a completed and signed Medical Release Form at check-in.
- **4. Property-** Each camp is assigned specific buildinging and areas. Please go into those areas only. The River is not part of the Alto Frio property. Campers should not go into the river unless part of a scheduled event.
- **5. Curfew-** Curfew for camp activities is 12:00 midnight. All campers should be in assigned dorms by that time.
- **6. Vehicle Usage-** Vehicles should be parked in designated areas during camp stay. Campers should not be riding in or on any vehicles including golf carts.
- 7. Dress Code- Dress while at camp should meet the highest Christian standards. Campers with clothing that is too revealing, with inappropriate messages, or draws unnecessary attending will be asked to change into appropriate clothing. Example: Two-piece bathing suits should be covered with a dark colored t-shirt. For personal safety, shoes should be worn outdoors at all times.

Shoes must be worn while outside of lodging areas.

- **8. Restrictions-** The following items/activities are prohibited:
 - a. Alcohol & any illegal drugs
 - b. Smoking
 - c. Weapons of any kind
 - d. Pets
 - e. ATV, Skateboards, Rollerblades or skates
 - f. Public displays of affection
 - g. Profanity

Alto Frio operates under an annual permit issued by the Texas Department of Health. We are required to operate according to the Texas Youth Camp Safety and Health Act. Our policies, rules and procedures reflect those requirements.